

Could weight loss speed elimination of PBB?

Frequently asked at PBB Community Meetings

The PBB Research Team is conducting research to address this question.

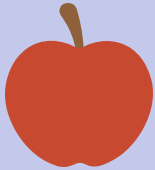
PBB



THEORY

Since PBB is stored in body fat, losing body fat may reduce PBB levels.

Adults who are interested in losing weight and who were exposed to PBB can help answer this question.



RESEARCH

Investigate the use of a weight loss pill which helps reduce body fat.

You may be eligible to participate. Please call us for more information!



PARTICIPATION

For 6 months, follow a low-fat diet, exercise some, and take a weight loss or inactive pill. Your health, weight, and PBB levels will be measured.

\$100 compensation for participation

Contact the PBB Research Team today!

Phone: 1-888-892-0074 | Email: PBBRegistry@emory.edu

<http://PBBRegistry.emory.edu/>

Michigan PBB Registry Weight Loss Study

How does this study work?



1. Talk to a research team member to determine if you are likely to be eligible and want to participate.

2. An appointment for blood tests will be scheduled.

3. A Michigan medical doctor will review your blood tests to determine if you are eligible to participate in the study.



4. If eligible, you will be assigned to one of two study groups. The doctor will monitor progress throughout the study.

Study Group A



Low-fat diet, easy exercise, multivitamin,
& **weight loss pill**

Study Group B



Low-fat diet, easy exercise, multivitamin,
& **inactive pill**

What will I be asked to do?

1. You will be asked to follow a low-fat diet and easy exercise program.

2. You will be asked to take one pill at each meal (3 pills per day) and one multivitamin per day for 6 months.

3. To track progress, we will draw your blood and take measurements (e.g., weight) at the beginning, after 3 months, and after 6 months (at the end).

4. You will be asked to complete surveys about what you eat, your exercise, and your overall health.

5. The PBB Research Team will be there every step of the way to help.



More questions?

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